



Monday 12/19/16	Tuesday 12/20/16	Wednesday 12/21/16	Thursday 12/22/16	Friday 12/23/16
Cheese Burger On w/g roll or General Tso Chicken	Grilled Chicken Sandwich On w/g Roll or Hot Turkey with all the fixins	Toasted Cheese On w/g Bread or Mini Pancakes with Sausage Patty	Pulled Pork Sandwich On w/g roll or Cheese Pizza	School Closed  No Lunch Served
<b>Featured Veggies:</b> Rice Pilaf Carrot Stick Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Sweet Corn Cranberry Sauce Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Potato Wedge Celery Sticks Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Side Caesar Salad Cherry Tomatos Choice of Fruit Choice of Milk	
12/26/16	12/27/16	12/28/16	12/29/16	12/30/16
School Closed  No Lunch Served	School Closed  No Lunch Served	School Closed  No Lunch Served	School Closed  No Lunch Served	School closed  No Lunch Served
1/2/17	1/3/17	1/4/17	1/5/17	1/6/17
School Closed  No Lunch Served	Toasted Cheese Sandwich On w/g Bread or Soft Shell Tacos with all the fixins	Chicken Nugget with Pretzel stick or Ham & Cheese Melt on w/g roll	Turkey & Cheese on w/g Club roll or Pasta w/Meatsauce with Garlic Bread	Hot Dog on w/g roll or Cheese Pizza
	<b>Featured Veggies:</b> Tomato Soup Lettuce & Tomato Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Side Salad Cucumber Slices Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Lettuce & Tomato Carrot Sticks Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Casear Salad Carrot Sticks Choice of Fruit Choice of Milk
1/9/17	1/10/17	1/11/17	1/12/17	1/13/17
Bacon Cheese Burger on w/g Roll or General Tso Chicken	Chicken Parm Sandwich On w/g roll or Nancho Grande Tortilla Chips	Hot Turkey with w/g Roll or Meatball Sandwich On w/g roll	Chicken Cheese Steak On w/g roll or French Toast Stick with Sausage Patty	Early Dismissal-All  No Lunch Served
<b>Featured Veggies</b> Rice Pilaf Carrot Sticks Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Lettuce & Tomato Celery Sticks Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Mashed Potatos Celery Stick Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Tater Tots Carrot Sticks Choice of Fruit Choice of Milk	
1/16/17	1/17/17	1/18/17	1/19/17	1/20/17
School Closed  No Lunch Served	Grilled Chicken Sandwich On w/g roll or Walking Tacos with all the fixins	Popcorn Chicken with w/g roll or Cheese Burger on w/g Roll	Chicken Cheese Steak on w/g Roll or French Toast Sticks with Sausage Links	Meatball Parm Sandwich on w/g Roll or Pepperoni or Plain Pizza Bagel
	<b>Featured Veggies</b> Lettuce & Tomato Celery Sticks Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Tater Tots Carrot Sticks Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Tater Tots Cucumber Slices Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Side Salad Celery Sticks Choice of Fruit Choice of Milk
1/23/17	1/24/17	1/25/17	1/26/17	1/27/17
Cheese Burger On w/g roll or Pasta w/Meatballs with w/g roll	Grilled Chicken Sandwich On w/g Roll or Soft Shell Tacos with all the fixins	Hot Turkey Sandwich On w/g roll or Mini Pancakes with Sausage Patty	Pulled Pork Sandwich On w/g roll or Baked Ziti with Garlic bread	Ham & Cheese Melt on Pretzel Roll or Cheese Pizza
<b>Featured Veggies:</b> Rice Pilaf Carrot Sticks Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Sweet Corn Side Salad Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Potato Wedge Carrots Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Side Caesar Salad Carrot Sticks Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Side Salad Cucumber Slices Choice of Fruit Choice of Milk
1/30/17	1/31/17	2/1/17	2/2/17	2/3/17
Cheese Burger On w/g Roll or Chicken Nuggets	Toasted Cheese Sandwich On w/g Bread or Nancho Grande Tortilla Chips	Hot Dog On w/g Roll or Pasta w/Meatsauce with Garlic Bread	Macaroni & Cheese with Meatballs or Crispy Chicken Patty On w/g roll	Chicken Cheese Steak on w/g roll or Crispy Mozarella Sticks with Dipping Sauce
<b>Featured Veggies:</b> Tater Tots Celery Sticks Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Tomato Soup Lettuce & Tomato Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Side Salad Cucumber Slices Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Lettuce & Tomato Carrot Sticks Choice of Fruit Choice of Milk	<b>Featured Veggies:</b> Casear Salad Carrot Sticks Choice of Fruit Choice of Milk

### What is a Meal?

You must choose at least 3 of the 5 Items available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white, fat-free white, chocolate and strawberry

### Weekly Vegetable Subgroups May Include:

Dark Green - spinach, broccoli, romaine and spring salad  
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers  
Legumes - beans and peas  
Starchy - potatoes, corn, peas and lima beans  
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

### Daily Fruit Selections May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

### Leave Your Lunch at Home

Daily entrée options may include:

Daily entrée options may include:

Garden Salad with Whole Wheat Roll or Soft Pretzel Twist

PB&J on Whole Grain Bread

Ham & Cheese Sandwich

Hamburger on WG Roll  
Chicken Patty On WG Roll

Make Payments and check account balances at [www.Payforit.net](http://www.Payforit.net)



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Middle/High School Student Paid Lunch \$3.35

Adult Lunch \$4.00